



Access Physical Therapy

Name: _____

Phone: _____ Date: _____

Diagnosis: _____

Frequency: _____ Times Per Week For _____ Weeks

_____ Evaluate And Treat Per Therapist Discretion

Referring Medical Provider: _____

Additional Comments/Instructions: _____

Therapeutic Exercises

- Strengthening/Conditioning Exercises
- Home Exercise Program
- Lower Extremity Strengthening/Stretching
- Upper Extremity Strengthening/Stretching
- Abdominal/Pelvic Stabilization
- Cervical Strengthening/Stretching
- Lumbar Strengthening

Hand Therapy & Occupational Therapy

- Evaluate & Tx.
- Custom Splint/Evaluate & Tx.

Modalities

- Hot/Cold Packs
- Ultrasound
- Electrical Stimulation/TENS
- Iontophoresis
- Phonophoresis
- Mechanical Cervical Traction
- Mechanical Lumbar Traction

Manual Therapy

- Soft Tissue Mobilization/Massage
- Joint Mobilization
- PNF

Work Rehabilitation

- Work Conditioning
- Work Hardening
- Functional Capacity Evaluation

IN MAKING THIS REFERRAL MEDICAL PROVIDER CERTIFIES
THAT PRESCRIBED REHABILITATION IS A MEDICAL NECESSITY



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